



# CONTRA COSTA COLLEGE

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## Culinary Students Study in Italy



Photo Credit: Alyce Sheehan-Godbey

Culinary Students in Contra Costa College's Three Season's Restaurant Courtyard - with Professor Chef Nader, back row second from right.

**A**reverderchi! The Food and Wine event, sponsored by the Culinary Arts Department, was held last spring. Proceeds from this event were used to establish scholarships for students to study in Florence, Italy at the Apicius International School of Hospitality. These students were given the opportunity to learn more about culinary arts and to experience studying abroad. They completed a 14-day program and earned a certificate in "Classical Italian Cuisine" upon completion.

The scholarship recipients are Shundon Anderson, Emily Hansen, Kimberly Hernandez, and Somnang Saengsourith. To qualify for the scholarship, students were required to serve at the Food & Wine event, enroll in a minimum of 10 units in the fall semester, successfully complete at least a semester in the culinary arts program, write an essay explaining their career goals, and submit three letters of recommendation from professionals in the food industry.

Chef Nader Sharkes, chairman of the Culinary Arts Programs said, "My goal is to change four lives and hopefully those lives will come back and change others." Professor Sharkes has created an award-winning culinary program. He has done an excellent job increasing enrollment and providing hands-on experiences for students. "I am excited. It's like a dream come true. I sacrificed a lot to be in this program, but now I'm happy. It's a decision that I do not regret," says Somnang Saengourith, one of the students studying in Italy. Somnang and her three classmates will showcase what they have learned in Italy at the **2009 Food & Wine Event** scheduled for **Sunday, April 26, 2009** at **11:00 a.m.** in the **Campus Gymnasium Building**. Buon Appetito!



Culinary Student at Contra Costa College's Three Season's Restaurant

For more information and tickets for the 2009 Food & Wine Event, call **Joyce Edwards** at **510.235.7800 ext. 4409** or visit our website at **www.contracosta.edu**.